



Sept. 2018

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Please, 500 words or less

The Scoop

A Poem by Cindy B.

In the stillness of the night
My brain wakes up
And wants to attack
"shut up" I cry
Don't give me no flack...

God help me please,
I ask for these thoughts to flee..
Take away this pain, anguish,
despair
Please bless me with Peace,
And these feelings release show
me you care...

One more time as I'm down on
my knees
God provides the Calmness,
silence and peace
I lay my head down
Close my eyes...

Prayers, crying, asking when I
give it a try
Always remembering,
Only God can provide...

Step 9

***"Made direct amends to
such people wherever
possible, except when
to do so would injure
them or others."***

Good judgment, a careful
sense of timing, courage, and
prudence – these are the
qualities we shall need when we
take Step Nine.

After we have made the
list of people we have harmed,

have reflected carefully upon
each instance, and have tried to
possess ourselves of the right
attitude in which to proceed, we
will see that the making of direct
amends divides those we should
approach into several classes.
There will be those who ought to
be dealt with just as soon as we
become reasonably confident
that we can maintain our
sobriety. There will be those to
whom we can make only partial
restitution, lest complete
disclosures do them or others
more harm than good. There will
be other cases where action
ought to be deferred, and still
others in which by the very
nature of the situation we shall
never be able to make direct
personal contact at all.

The 9th Tradition

***"A.A., as such, ought
never be organized; but
we may create service
boards or committees
directly responsible to
those they serve."***

When Tradition Nine was
first written, it said that
"Alcoholics Anonymous needs
the least possible organization."
In years since then, we have
changed our minds about that.
Today, we are able to say with
Assurance that Alcoholics
Anonymous – A.A. as a whole --

Should never be organized at all. Then, in seeming contradiction, we proceed to create special service boards and committees which in themselves are organized. How, then, can we have an unorganized movement which can and does create a service organization for itself? Scanning this puzzler, people say, "What do they mean, no organization?"

Daily Reflections excerpt on the 9th Step

Building a New Life

We feel a man is unthinking when he says sobriety is enough. A.A. P. 82
When I reflect on Step Nine, I see that physical sobriety must be enough for me. I need to remember the hopelessness I felt before I found sobriety, and how I was willing to go to any lengths for it. Physical sobriety is not enough for those around me, however, since I must see that God's gift is used to build a new life for my family and loved ones. Just as importantly, I must be available to help others who want the A.A. way of life. I ask God to help me share the gift of sobriety so that its benefits may be shown to those I know and love.

Concept IX

Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees.

Winners of the Central Office Birthday Raffle

July winner: Bill G.

Drop into Central Office during your birthday month and get your ticket for your free Birthday Raffle.

Quotable Quotes

Collected by Dano B.

I'm just going to listen tonight, after I finish sharing.

An ordinary life is pretty extraordinary for a drunk like me. Tony F.

I was in a high speed chase on a bicycle. Daniel

A.A. is my family afterwards.

Alcohol is the key to getting me in here.

Either we are all a bunch of liars in here or there really is something going on.

I surrender every day but it's not like the Surrender I had when I first got here.

Word Game

OBSESSION, PROGRESS, WILLINGNESS, PRIVACY
WORRY, SLIPS, SURRENDER, TOLERANCE, RELIGION
PRAYER, SANITY, UNITY, RESENTMENT, SERENITY
SPIRITUAL, FEAR, SERVICE, TRUST, PRINCIPLES
LIVING

G	E	C	N	A	R	E	L	O	T	E	N	L	G
P	R	O	G	R	E	S	S	G	Y	E	E	L	O
L	A	U	T	I	R	I	P	S	E	N	I	O	B
I	W	N	R	S	E	R	V	I	C	E	Y	S	S
Y	O	E	E	P	U	N	I	T	Y	R	P	E	E
T	R	R	T	R	U	S	T	I	U	I	S	S	S
I	R	S	S	E	N	G	N	I	L	L	I	W	S
N	Y	L	I	V	I	N	G	S	R	W	U	I	I
E	R	E	F	Y	T	I	N	A	S	A	C	R	O
R	P	E	E	R	E	L	I	G	I	O	N	Y	N
E	C	C	A	I	P	R	I	V	A	C	Y	N	O
S	U	P	R	I	N	C	I	P	L	E	S	R	N
N	W	T	R	E	S	E	N	T	M	E	N	T	R
P	R	A	Y	E	R	E	D	N	E	R	R	U	S

I'm the kind of guy who got arrested on a job interview.

The two most important days in your life are the day you were born and the day you find out why. Mark Twain

There is only two things that I will treat my alcoholism with. Recovery or alcohol. Mark C.

If you don't want to do the work then I'll see you on the side of the road.

It is pleasant to be with oneself as long as possible when one has made oneself worth spending time with. Seneca 63 A.D.

Business meetings

A.V. Intergroup: 1st Thursday of each month at 7pm at Central Office, 43619 17th Street West, Suite 106, Lancaster

District 7 (General Service): 2nd Saturday of each month at 9am at the Agua Duce Women's Club, 33201 Agua Dulce Canyon Road, Agua Dulce

H&I: 2nd Sunday of each month at 10am at the Alano Club 104 E. Ave K-4, Suite J, Lancaster (Orientation at 9:30am for newcomers.)

Coming Events

Local Events

Sorry – no local events are listed. Please check the website later for more information.

Other So. Cal Events

2018 Pacific Regional Forum
9/7/2018 (2pm) – 9/9/2018

Double Tree Hilton, (Free)
2050 Gateway Place
San Jose, CA 95110

30th Annual Kern River Valley
Soberfest Campout (cost \$20)
9/14/2018 (8am) – 9/16/2018
Frandy Park Campground
11252 Kernville Rd,
Kernville, CA 93238

15th Annual Santa Clarita Valley
Conv.; 9/14 (5:30p) – 9/16/18
Hyatt Valencia; 24500 Town
Center Dr.; Valencia, CA 91355
(cost \$25)

67th SoCal AA Convention
"Courage to Change" (Cost \$25)
9/21/2018 (7am) – 9/23/2018
Westin Mission Hill Resort Motel
71333 Dinah Shore Dr.
Rancho Mirage, CA 92270

For additional info, go to:
www.avcentraloffice.org

***Show your gratitude,
contribute \$1 to Central
Office on your sobriety
birthday for each year you
have been sober.***

From As Bill Sees It

A New-Found Providence

When dealing with a prospect of agnostic or atheistic bent, you had better use everyday language to describe spiritual principles. There is no use arousing any prejudice he may have against certain theological terms and conceptions, about which he may already be

confused. Don't raise such issues, no matter what your own convictions are. (A.A. p. 93)

Comradeship in Peril

Our first woman alcoholic had been a patient of Dr. Harry Tiebout's, and he had handed her a prepublication manuscript copy of the Big Book. The first reading made her rebellious, but the second convinced her. Presently she came to a meeting held in our living room, and from there she returned to the sanitarium carrying this classic message to a fellow patient: "We aren't alone any more." (AA Comes of Age, P. 18)

The Hour of Decision

"Not all large decisions can be well made by simply listing the pros and cons of a given situation, helpful and necessary as this process is. We cannot always depend on what seems to us to be logical. When there is doubt about our logic, we wait upon God and listen for the voice of intuition. If, in meditation, that voice is persistent enough, we may well gain sufficient confidence to act upon that, rather than upon logic

"If, after an exercise of these two disciplines, we are still uncertain, then we should ask for further guidance and, when possible, defer important decisions for a time. By then, with more knowledge of our situation, logic and intuition may well agree upon a right course.

"But if the decision must be now, let us not evade it through fear. Right or wrong, we can always profit from the experience." (Letter, 1966)

September 2018 Office Manager Report

	Jan - Jul '17	Aug '17	YTD Total
Sales of Goods	\$29,784.80	\$4,984.47	\$34,769.27
Expenses	(\$27,697.74)	(\$2,315.21)	(\$30,012.95)
Cost of Goods	(\$21,683.70)	(\$4,352.10)	(\$26,035.80)
Contributions	\$14,000.77	\$1,910.19	\$15,910.96
Net Income	(\$5,595.87)	\$227.35	(\$5,368.52)



<i>Contributions</i>			
Group	Jan - Jul '18	Aug '18	2018 Total
A Gathering of Women	\$50.00		\$50.00
Alano Club	\$0.00		\$0.00
AM Mod	\$2,043.23	\$546.65	\$2,589.88
Anonymous	\$651.24	\$225.59	\$876.83
Any Lengths Group	\$0.00		\$0.00
Arbor Court	\$120.00		\$120.00
AV Hospital - Rm #CR101	\$100.00		\$100.00
AV Men's Stag	\$844.54	\$144.50	\$989.04
AV Round-Up	\$0.00		\$0.00
AVYPBYOC	\$37.50	\$25.00	\$62.50
Birthday	\$183.00	\$46.00	\$229.00
Cal City Clubhouse	\$0.00		\$0.00
Clubhouse Meeting	\$57.00		\$57.00
Crown Valley Grp	\$320.00		\$320.00
Gathering of Women	\$50.00		\$50.00
H & I	\$0.00		\$0.00
High Desert BB Grp	\$1,729.23		\$1,729.23
High Desert Hospital	\$0.00		\$0.00
Intergroup Fundraisers	\$1,031.00		\$1,031.00
Into Action	\$186.00		\$186.00
Lake Hughes Men's Stag	\$60.00		\$60.00
Lake Hughes Friday Night	\$0.00		\$0.00
Lake Hughes Monday Night	\$0.00		\$0.00
Little Red Book	\$0.00		\$0.00
Mid-Day Mod	\$1,211.33	\$168.90	\$1,380.23
New Beginnings	\$0.00		\$0.00
Open Door	\$0.00		\$0.00
Palmdale Grp	\$900.50	\$102.06	\$1,002.56
Pearlblossom Grp	\$475.01	\$368.00	\$843.01
PM Mod	\$78.39		\$78.39
Quartz Hill Unity Grp	\$540.90	\$120.00	\$660.90
Rainbow Grp	\$0.00	\$8.49	\$8.49
Rosamond Sun Night	\$78.39	\$20.00	\$98.39
Rule 62 Grp	\$200.00	\$60.00	\$260.00
Sat AM Men's Stag	\$0.00		\$0.00
SCV Sun Night Spkr	\$0.00		\$0.00
Spiritual Sunday - Alano	\$30.00		\$30.00
Step Workshop Mtg	\$0.00		\$0.00
Sun Night BBS	\$15.00		\$15.00
Thurs Night BBS @ Alano	\$0.00		\$0.00
We Care Grp	\$0.00		\$0.00
Wed Night BBS @ Grange	\$271.56		\$271.56
Westside Grp	\$0.00		\$0.00
Women in Progress	\$0.00		\$0.00
Women in Recovery	\$20.00		\$20.00
Women Seeking Serenity	\$275.00		\$275.00
District 7 - Room Rent		\$75.00	
TOTALS	\$11,558.82	\$1,910.19	\$13,394.01

Frankie F.	9/16/2015	3	Jeff N.	9/2/1997	21
Michael H.	9/29/2015	3	Lil John	9/1/1997	21
Jamie K.	9/21/2013	5	Stephen C.	9/21/1997	21
Amanda	9/10/2012	6	David M.	9/27/1996	22
Kara R.	9/21/2012	6	Donna S.	9/5/1996	22
Kathy O.	9/15/2012	6	Greg Call	9/27/1995	23
Monica T.	9/28/2012	6	Mark M.	9/10/1995	23
Yvonne	9/24/2012	6	Dan S.	9/26/1994	24
Alex W.	9/16/2011	7	Greg B.	9/1/1994	24
Angela J.	9/15/2011	7	Steve B.	9/16/1994	24
Carrie C.	9/23/2011	7	Billy B.	9/15/1992	26
Ed V.	9/24/2011	7	Don O.	9/17/1992	26
Kristal H.	9/5/2011	7	Teri P.	9/1/1992	26
Marcy B.	9/3/2011	7	David L.	9/18/1991	27
Marei B.	9/3/2011	7	Margaret D.	9/4/1991	27
Paul B.	9/15/2011	7	Steven M.	9/1/1991	27
Larry W.	9/17/2011	7	Chuck	9/30/1990	28
Shelley Y.	9/20/2011	7	Cindy G.	9/30/1990	28
Tina V.	9/24/2011	7	Joy L.	9/5/1990	28
Ashley S.	9/22/2010	8	Becky M.	9/10/1989	29
Brian S.	9/10/2010	8	Fred H.	9/6/1989	29
Herb	9/27/2010	8	John S.	9/15/1989	29
J.P.	9/23/2010	8	Myrna D.	9/9/1989	29
Rick S.	9/14/2010	8	Glen M.	9/20/1988	30
Tanya W.	9/10/2010	8	Mike S.	9/18/1988	30
Billy M.	9/10/2009	9	Ralph C.	9/18/1988	30
Clayton R.	9/23/2009	9	Ron P.	9/7/1988	30
Randy P.	9/2/2009	9	Stuart S.	9/19/1988	30
Adrian K.	9/28/2008	10	Darlene L.	9/27/1987	31
Christine K.	9/10/2008	10	Rex V.	9/24/1987	31
Monty T.	9/30/2008	10	David P.	9/21/1986	32
Tim B.	9/24/2008	10	John R.	9/7/1986	32
Mary M.	9/3/2007	11	David S.	9/18/1985	33
Patricia M.	9/11/2007	11	Nathan B.	9/29/1985	33
Alexander W.	9/1/2006	12	Barbara C.	9/9/1984	34
Nick W.	9/12/2006	12	Mark F.	9/9/1983	35
Doug M.	9/27/2005	13	Connie G.	9/6/1982	36
Paul M.	9/27/2005	13	Helen B.	9/10/1981	37
Yolanda B.	9/14/2005	13	Bev S.	9/7/1980	38
Rocky C.	9/19/2004	14	Chuck C.	9/20/1980	38
Clayde L.	9/21/2003	15	Sally K.	9/1/1980	38
Jacqueline R.	9/13/2003	15	Billy F.	9/1/1979	39
Latanya J.	9/10/2003	15	Vicki F.	9/20/1978	40
Michael P.	9/22/2003	15	Tony J.	9/30/1977	41
Margie K.	9/13/2002	16	Al Russell	9/7/1976	42
Barbara S.	9/16/2000	18	Mickie F.	9/13/1976	42
John P.	9/20/2000	18	Sandy M.	9/30/1974	44
Dotti M.	9/28/1999	19	Frank P.	9/26/1973	45
Robert M.	9/6/1999	19	Carole C.	9/5/1970	48
Tom D.	9/11/1999	19			

Get your groups birthday list to Central Office . . . That's how they appear here!

Total Years = 2,024

Managers Corner

JOIN THE 7th TRADITION CHALLENGE!! ~ Drop the cost of a drink in the basket!**

Thank You Saturday Volunteers!!

Don't forget to visit us on the Web!

- 1st ~ Larry W. & Juan A.
- 2nd ~ Wendy W. & Michaela O.
- 3rd ~ Stephanie S. & Karen
- 4th ~ Debbie L. & Martin L.
- 5th ~ Christine F. & Chris T.

Scoop -4

